

Journey into Freedom

A Retreat with Ignatius of Loyola



For the last two years the Ignatian Spirituality Centre in Glasgow has been offering a Lent Retreat.

FREE ONLINE OR IN A BOOK: In 2020 we offer a retreat based on the Spiritual Exercises of Saint Ignatius Loyola in an accessible and up to date form.

DAILY PRAYER: Material will be provided for people to pray with each day of Lent. This will include Scripture readings, meditations, pictures and full instructions.

Your Local Group Meets in: Lawside Pastoral Centre, 22-24 Lawside Road, Dundee DD3 6XY

Dates and Times of meetings: 7pm Monday 25th February 2010;

3rd, 10th, 17th, 24rd, 31th March 2020 and 7th and 14th April 2020

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